

Bloomfield Day Care Centre

Day Care Centre and Respite services

When a family member requires a significant level of care, life changes for all of those concerned. Depending on their condition or illness, individuals themselves may find their mobility limited, leading to an increased dependency on others for day-to-day living and activities.

For carers, be they children, parents, spouses, siblings or friends, the changed situation may require a different approach to their routine - work, leisure and personal space. In this equation, quality respite for carers is vital for both parties, just as a change of environment, company and stimulus is essential for those accessing care.

Drawing on 200 years' experience in dementia care, Bloomfield's Day Care Centre and Respite Services are ideally placed to provide activities, Occupational Therapy, entertainment and socialisation for people of varied cognitive levels and physical abilities.

The facility

The Bloomfield Day Care Centre is a purpose built, state-of-the-art facility, set in the foothills of the Dublin Mountains, just off the M50. As part of the wider Bloomfield complex, the Day Care Centre has access to top class nursing, Occupational Therapy and activity resources, covering a wide variety of needs.

Carers can avail of information and support through the Day Care Centre and residential respite is available if they are in need of extended support.



There is a focus on activities and interaction. Programmes are devised on an ability and mobility basis, depending on the needs of each participant. These activities may include:-

- Education and support programmes for carers
- Art and drawing
- Poetry
- Baking
- Exercise classes
- Drama

The practicalities

Within a reasonable catchment, transport can be provided to collect people and bring them home. High quality meals are provided by Bloomfield's on-site professional catering service.

Who does the Bloomfield Day Care Centre serve?

The Centre is open to anyone in need of occasional or regular day care, whether as respite for their regular carer or as a pro-active element of their ongoing care. While Bloomfield's core specialisation is Dementia Care, the centre caters for a variety of conditions and abilities.

Referrals are usually made through the HSE, by GPs or through organisations such as The Alzheimer Society of Ireland. That being said, we encourage carers to contact us directly if they are in need of support as we understand how isolated the role of the carer can be.

